

18 ΠΑΝΕΛΛΗΝΙΟ ΠΡΩΤΑΘΛΗΜΑ ΖΙΟΥ-ΖΙΤΣΟΥ 2019 Β ΜΕΡΟΣ- ΣΑΒΒΑΤΟ 19-01-2019

| | Tatami 1 | Tatami 2 | Tatami 3 | Tatami 4 | Tatami 5 | Tatami 6 | Tatami 7 | Tatami 8 |
|-------|---|---|---|---|--|--|--|--|
| 09:30 | | | | | | | | ΝΕΩΝ ΓΥΝΑΙΚΩΝ -21 ΕΤΩΝ NWS -52Kgr (2) 09:30 - 09:40 |
| 09:35 | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -25Kgr (4) 09:30 - 09:50 | | ΝΕΩΝ ΑΝΔΡΩΝ -21 ΕΤΩΝ (Ne-waza System) -56Kgr (4) 09:30 - 10:05 | |
| 09:40 | | | | | | | | |
| 09:45 | | | | | | | | |
| 09:50 | | | | | | | | |
| 09:55 | | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -32Kgr (17) 09:30 - 10:40 | | ΝΕΩΝ ΓΥΝΑΙΚΩΝ -21 ΕΤΩΝ NWS -57Kgr (8) 09:45 - 10:45 |
| 10:00 | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -28Kgr (7) 09:55 - 10:35 | | | |
| 10:05 | | | | | | | | |
| 10:10 | | | | | | | | |
| 10:15 | | | | | | | | |
| 10:20 | | | ΑΝΔΡΩΝ +21 ΕΤΩΝ (Ne- waza System) -94Kgr (19) 09:30 - 11:25 | ΠΑΜΠΑΙΔΩΝ -12 ΕΤΩΝ FS -30Kgr (28) 09:30 - 11:30 | | | | |
| 10:25 | | | | | | | | |
| 10:30 | | | | | | | ΝΕΩΝ ΑΝΔΡΩΝ -21 ΕΤΩΝ (Ne-waza System) -62Kgr (7) 10:10 - 11:15 | |
| 10:35 | | ΠΑΜΠΑΙΔΩΝ -12 ΕΤΩΝ FS -38Kgr (34) 09:30 - 12:00 | | | | | | |
| 10:40 | | | | | | | | |
| 10:45 | | | | | | | | |
| 10:50 | | | | | | | | |
| 10:55 | | | | | | | | |
| 11:00 | | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -40Kgr (11) 10:45 - 11:30 | | ΝΕΩΝ ΓΥΝΑΙΚΩΝ -21 ΕΤΩΝ NWS -63Kgr (4) 10:50 - 11:20 |
| 11:05 | | | | | | | | |
| 11:10 | ΠΑΜΠΑΙΔΩΝ -12 ΕΤΩΝ FS -34Kgr (48) 09:30 - 13:00 | | | | | | | |
| 11:15 | | | | | | | | |
| 11:20 | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -36Kgr (20) 10:40 - 12:10 | | | |
| 11:25 | | | | | | | | |
| 11:30 | | | | | | | | |
| 11:35 | | | | | | | | ΝΕΩΝ ΓΥΝΑΙΚΩΝ -21 ΕΤΩΝ NWS -70Kgr (4) 11:25 - 12:00 |
| 11:40 | | | | | | | | |
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| 12:00 | | | | | | | | |
| 12:05 | | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -44Kgr (12) 11:35 - 12:30 | | |
| 12:10 | | | ΑΝΔΡΩΝ +21 ΕΤΩΝ (Ne- waza System) -77Kgr (15) 11:30 - 13:00 | ΠΑΜΠΑΙΔΩΝ -12 ΕΤΩΝ FS -27Kgr (22) 11:30 - 13:00 | | | ΝΕΩΝ ΑΝΔΡΩΝ -21 ΕΤΩΝ (Ne-waza System) -69Kgr (12) 11:20 - 13:00 | ΝΕΩΝ ΓΥΝΑΙΚΩΝ -21 ΕΤΩΝ NWS +70Kgr (2) 12:05 - 12:15 |
| 12:15 | | | | | | | | |
| 12:20 | | | | | | | | |
| 12:25 | | ΠΑΜΠΑΙΔΩΝ -12 ΕΤΩΝ FS -24Kgr (8) 12:05 - 13:00 | | | | | | |
| 12:30 | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS +48Kgr (8) 12:15 - 13:00 | | | ΝΕΩΝ ΑΝΔΡΩΝ -21 ΕΤΩΝ (Ne-waza System) -94Kgr (4) 12:20 - 12:50 |
| 12:35 | | | | | | | | |
| 12:40 | | | | | | ΠΑΓΚΟΡΑΣΙΔΕΣ -12 ΕΤΩΝ FS -48Kgr (6) 12:35 - 13:00 | | ΝΕΩΝ ΑΝΔΡΩΝ -21 ΕΤΩΝ (Ne-waza System) +94Kgr (2) 12:50 - 13:00 |
| 12:45 | | | | | | | | |
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| 12:55 | | | | | | | | |
| 13:00 | | | | | | | | |
| 13:05 | | | | | | | | |
| 13:10 | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) | ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 13:00 - 13:30 (00:30) |
| 13:15 | | | | | | | | |
| 13:20 | | | | | | | | |
| 13:25 | | | | | | | | |

18 ΠΑΝΕΛΛΗΝΙΟ ΠΡΩΤΑΘΛΗΜΑ ΖΙΟΥ-ΖΙΤΣΟΥ 2019 Β ΜΕΡΟΣ- ΣΑΒΒΑΤΟ 19-01-2019

| | Tatami 1 | Tatami 2 | Tatami 3 | Tatami 4 | Tatami 5 | Tatami 6 | Tatami 7 | Tatami 8 | |
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| 13:30 | | | | | | | | | |
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| 13:45 | | | | | | | | | |
| 13:50 | | | | | | | | | |
| 13:55 | <u>ΠΑΜΠΑΙΔΩΝ -12</u> <u>ΕΤΩΝ FS -50Kgr (11)</u> 13:30 - 14:40 | | <u>Duo System ΝΕΩΝ</u> <u>ΑΝΔΡΩΝ -21 ΕΤΩΝ (4)</u> 13:30 - 14:15 | | | | | | |
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| 14:40 | | <u>ΠΑΜΠΑΙΔΩΝ -12</u> <u>ΕΤΩΝ FS -42Kgr (21)</u> 13:30 - 15:45 | <u>Duo System ΝΕΩΝ</u> <u>ΓΥΝΑΙΚΩΝ -21 ΕΤΩΝ (4)</u> 14:20 - 15:05 | | | | | | |
| 14:45 | | | | | | | | | |
| 14:50 | | | | | | | | | |
| 14:55 | | | | | | | | | |
| 15:00 | | | | | | | | | |
| 15:05 | | | | | | | | | |
| 15:10 | <u>ΠΑΜΠΑΙΔΩΝ -12</u> <u>ΕΤΩΝ FS +50Kgr (9)</u> 14:45 - 15:45 | | | | | | | | |
| 15:15 | | | | | | | | | |
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**ΠΡΟΣΟΧΗ

ΟΛΕΣ ΟΙ ΩΡΕΣ ΕΝΑΡΞΗΣ ΤΩΝ ΚΑΤΗΓΟΡΙΩΝ ΕΙΝΑΙ ΕΝΔΕΙΚΤΙΚΕΣ ΚΑΙ ΟΧΙ ΑΠΑΡΑΙΤΗΤΑ ΔΕΣΜΕΥΤΙΚΕΣ ΓΙΑ ΤΗΝ ΔΙΟΡΓΑΝΩΣΗ.
ΟΛΟΙ ΟΙ ΑΘΛΗΤΕΣ ΘΑ ΠΡΕΠΕΙ ΝΑ ΒΡΙΣΚΟΝΤΑΙ ΣΤΟ ΣΤΑΔΙΟ ΒΑΣΗ ΤΟΥ ΠΛΑΝΟΥ ΖΥΓΙΣΗΣ ΤΟΥ Α ΜΕΡΟΥΣ ΤΟΥ ΠΑΝΕΛΛΗΝΙΟΥ.