

JU-JITSU INTERNATIONAL FEDERATION (JJIF)



COMPETITION RULES

For -15 Year Old (+12 , 13 , 14)

(Version 1.0 / September 2011)

MEMBER of GAISF
 General Associations of International Sports Federations

and IWGA
 International World Games Association

and SPORT ACCORD
 Sport Accord Combat Games Association



Fighting system

The competition rules are the official JJIF rules, with the following exceptions:

FORBIDDEN TECHNIQUES

First part	Second part	Third part
All kicks and punches executed from a jump.	Any take-down or attempted take-down from the KOTE technique.	Any technique or attempt to execute Kansetsu Waza techniques, except (see Annex).
	Shime Waza techniques.	Any technique or attempt to execute Shime Waza techniques, except (see Annex).
	Techniques that could injure the opponent (see Annex).	Any technique or attempt to execute techniques at the level of the foot or knee (Hansoku Make).
	Any action at the level of the foot or knee.	

Penalties:

For each penalty, the referee will explain to the athlete what the penalty was given for.

- a. First part: the penalty given for the above-mentioned forbidden acts is SHIDO;
- b. Second part: the penalty given for the above-mentioned forbidden acts is CHUI;
- c. Third part: the penalty given for the above-mentioned forbidden acts is CHUI.

Protections:

1. Protections of the hands, obligatory
2. Protections of the legs, obligatory
3. Groin protection, recommended (boys)
4. Breasts protection, recommended (girls)
5. Dental protection, recommended

Time:

- a. One round of 2 minute
- b. Osae Komi: 15 seconds
 - 0-9 sec. = 0 points
 - 10-14 sec. = 1 point (waza-ari)
 - 15 sec = 2 points
 - If the pinned-down athlete taps before the end of the Osae Komi time = 3 points
- c. In case of Hiki-Wake, the pause is of 1 minute.

Medical time:

- a. The recovery time in case of injury is of 2 minutes.

Safety:

- a. Any time the mat referee considers that one or both competitors are in danger, he has the right to stop the match. If he used this right, he cannot punish the competitor for his intention.

Injury:

- a. All injuries, willing or unwilling, will be analyzed by the referees responsible for the match and by the competition doctor.

Participation right:

- a. This set of rules refers to athletes who turn 12, 13 or 14 years old during the year of the tournament.

Weight categories	
Male	Female
Cadets 12/13/14	Cadets 12/13/14
1 x 2 min	1 x 2 min
- 34kg	- 32kg
- 37kg	- 36kg
- 41kg	- 40kg
- 45kg	- 44kg
- 50kg	- 48kg
- 55kg	- 52kg
- 60kg	- 57kg
- 66kg	- 63kg
+ 66kg	+ 63kg

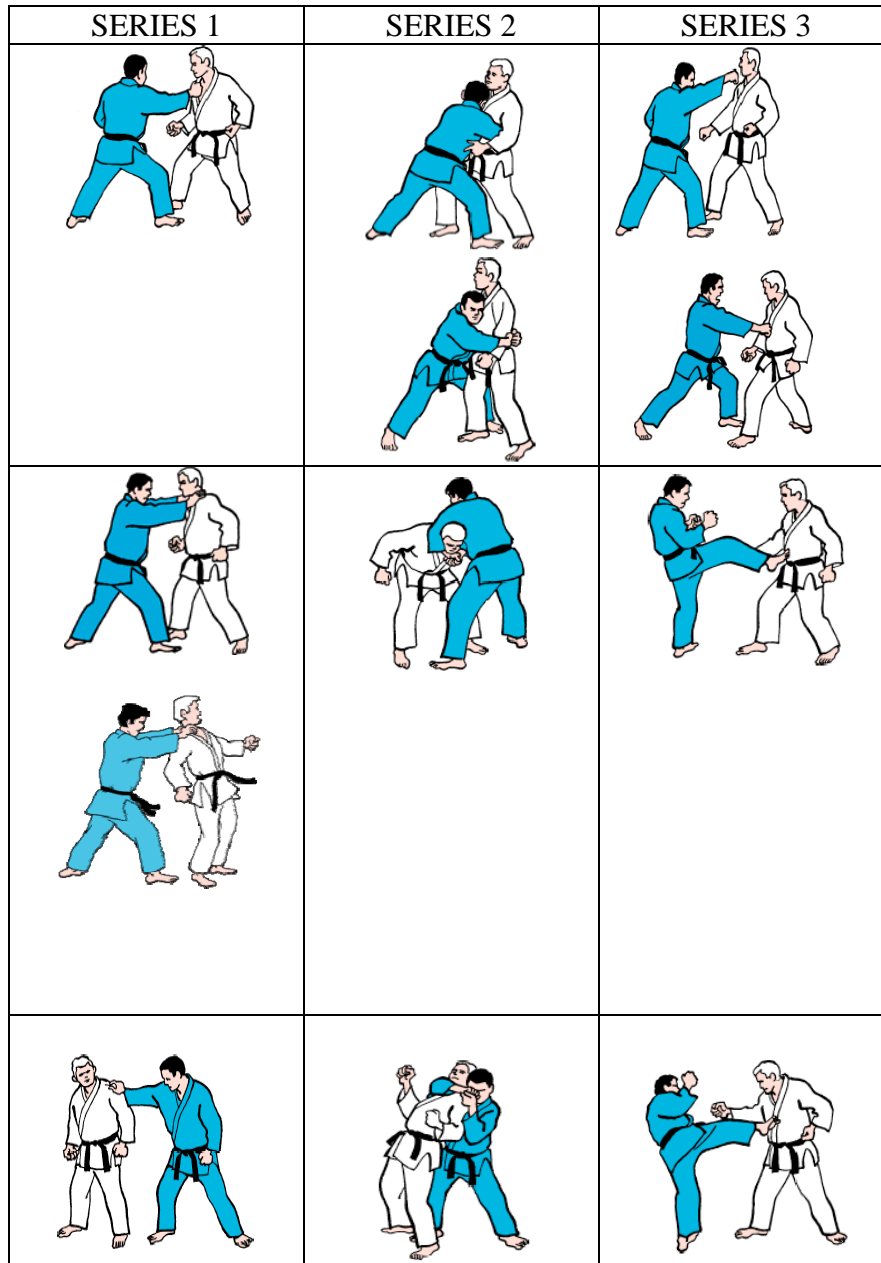
The organizer has the right to join together two categories if there are not enough athletes for organizing any category.

Duo System

In order to have a real comparison between the two couples, the referees should see the same techniques executed by both pairs, as is the case with the upper age categories. For the age category 12-15 years, a number of attacks are selected (3 attacks from 3 series), which all teams will execute. These attacks are executed by each couple in the order dictated by the mat referee.

DUO System categories









- Male
- Female
- Mixed



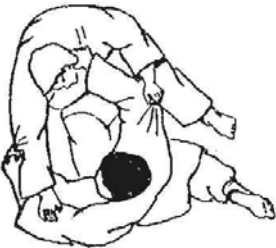




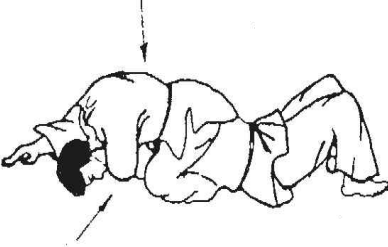




Medical time:

- The recovery time in case of injury is of 2 minutes.

Explanation of forbidden and allowed techniques for U 15 ani

<p>Ashi Waza</p>	<p><i>All techniques are allowed, except:</i></p>
 <p>Uchi Mata</p>	 <p>Uchi Mata</p>
<p>Koshi Waza</p>	<p><i>All techniques are forbidden, except:</i></p>
 <p>Harai Goshi</p>	 <p>Sode Tsurikomi Goshi</p>
 <p>Ushiro Goshi</p>	 <p>Utsuri Goshi</p>
<p>Kata - Te - Waza</p>	<p><i>All techniques are allowed, except:</i></p>
 <p>Kata Guruma when done standing</p>	 <p>Uki Otoshi</p>

Sutemi-Waza	<i>All techniques are forbidden, except:</i>
 <p data-bbox="400 376 576 409">Sumi Gaeshi</p>	 <p data-bbox="1007 409 1174 443">Tani Otoshi</p>
 <p data-bbox="488 689 635 723">Hiki Komi</p> <p data-bbox="169 723 264 757">Gaeshi</p>	 <p data-bbox="1007 701 1166 734">Yoko Gake</p>
 <p data-bbox="451 1059 627 1093">Yoko Otoshi</p>	 <p data-bbox="1126 1025 1361 1059">Soto Maki Komi</p>
Shime Waza partea a-II-a	<i>All techniques are forbidden</i>
Shime Waza partea a-III-a	<i>All techniques are forbidden, except:</i>
 <p data-bbox="172 1518 515 1552">Kami-Sankaku- Gatame</p>	 <p data-bbox="759 1507 1078 1541">Tate-Sankaku-Gatame</p>
Kansetsu Waza partea a-II-a	<i>All techniques are forbidden</i>
Kansetsu Waza partea a-III-a	<i>All techniques are forbidden, except:</i>
 <p data-bbox="169 1865 488 1899">Ude hishigi juji gatame</p>	 <p data-bbox="759 1865 1169 1899">Kami ude hishigi juji gatame</p>